







Appendix 3 - Medicines and Medical Interventions

Some of the medicines and medical interventions commonly managed within special and mainstream schools are detailed below.

Medicines

Medical Needs	Medicine	Training Requirements
Adrenal Insufficiency	Hydrocortisone	
Diabetes Type 1	Insulin	Training by specialist nursing team required
Eczema	Topical corticosteroids	
	Emollients (moisturising creams)	
Epilepsy (rescue mediation in	Midazolam hydrochloride (Buccolam)	Training by specialist nursing team required
the event of a seizure)	Midazolam maleate (Epistatus)	
Muscle spasm (Cerebral Palsy)	Baclofen	
Severe allergy / anaphylaxis	Adrenalin <mark>e (E</mark> piPen)	Training by specialist nursing team required

Medical Interventions

Situation	Medical Intervention	Training Requirements
Blood-Glucose (Sugar) Level Monitoring	 Testing procedure includes taking a small blood sample 	Training by specialist nursing team required
Catheterisation	 Clean Intermittent Catheterisation (CIC) Self – Catheterisation (CIC) Management of In-Dwelling Catheter 	Training by specialist nursing team required
Diabetes and Insulin management	Injection of insulin (insulin pen)Dose management	Training by specialist nursing team required
Gastrostomy / Nasogastric feeding (tube feeding into the stomach)		Training by specialist nursing team required

Hickman (Central) Line	 Awareness raising, management and monitoring 	Training by specialist nursing team required
Oxygen Therapy	Management of oxygen via cylinders	Training required by suppliers and specialist nursing team
Tracheostomy	 Trache and equipment care and management Suction Changing / replacing trache tube 	Training by specialist nursing team required